



**Choose GCIL  
to help you  
with  
Self-directed  
Support**

**Yes**





# Glasgow Centre for Inclusive Living offers help with



Payroll



Support



Training



Recruitment



Information







# *Glasgow Centre for Inclusive Living*



**What is the Glasgow Centre for Inclusive Living (GCIL)?**



**GCIL is a disabled people's organisation run by disabled people for disabled people.**



## Me and Wes my PA.

**GOING OUT**



**AT THE PARK**



**USING THE BUS**



**OUT FOR LUNCH**



**SENDING MUM A CARD**





# live an ordinary life



**SHOPPING!**



**PS3 TIME!**



**WAITING FOR FRIENDS  
IN THE PUB**



**HOME TIME**

# What is Self-directed Support?



## Self-directed Support

gives you control, choice and flexibility over the support you need in your life.



## You can choose

- ✓ The support you need
- ✓ When you want support
- ✓ Who will give you support







*We can give you information on Self-directed Support*



*We can help you meet people who have Self-directed Support*

# Self-directed Support means you can choose



## Individual Service Fund

where you choose a service and let Social Work Services arrange and pay for it

Or



## Social Work Services

who will then find, sort out and pay for your service

Or



## Direct Payments

Which means the money gets paid to you and you arrange your own support



*We can help you with your Direct Payments*





If you want Self-directed Support



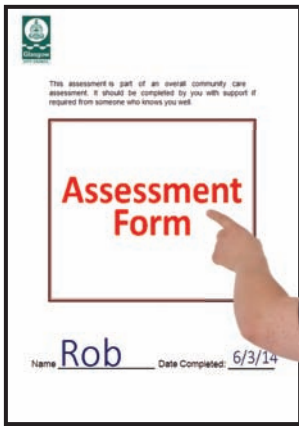
You need to know 4 things



You need a Social Work Care Manager to get Self-directed Support



*We can help you contact Social Work Services.*



2



If you are over 16 years old you will need to fill in an assessment form

The form asks about your life, your disability and the support you need.



Social Work Services will work out a **budget** using the information you give on your form.



This **budget** is the amount of money you may be given to arrange your support.



*We can help you with your assessment*





When you know how much money you have to spend you can make a **Support Plan** with your Social Work Care Manager .



**Your Support Plan will say**

- ✓ How you spend your money
- ✓ Who gives you support
- ✓ How much your support will cost
- ✓ Who will help you with your support plan



Your Social Work Care Manager will have to agree your Support Plan and decide if it is right for you.



**We can gather information on any service that offers the support you need**

# We can help you manage your Direct Payment



We can help you choose the best service for you



We can help you to arrange to pay your bills, manage your money and paperwork for you



We can help you employ your own personal assistant



# If you choose a personal assistant



**We can help you to find a personal assistant**



**We can train you to be a good employer**



**We will help you to find a service if your personal assistant is ill or on holiday.**



**We will continue to help you with your Direct Payments**

## People who have used GCIL services say



**“I don’t know how I would manage without your support”**



**“This is a great service. Nothing is too much bother”**



**“You always get back to me if I ring up about a problem”**



## Contact us



If you want us to help  
you with  
Self-directed Support



Phone us  
0141 550 4455



Email us  
[info@gcil.org.uk](mailto:info@gcil.org.uk)



# A Guide to Self-directed Support ™ Friendly Format booklet



**CKUK™ Friendly Format**

Makes Information easier to understand



Glasgow Centre for Inclusive Living is a company limited by guarantee  
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